

## CSEP-CEP

### REQUIRED COURSES TO BE ELIGIBLE TO TAKE THE CANADIAN SOCIETY FOR EXERCISE PHYSIOLOGY (CSEP) “CERTIFIED EXERCISE PHYSIOLOGIST (CEP)” CERTIFICATION EXAM

#### STUDENTS ADMITTED IN THE PROGRAM BEFORE 2011

##### **BSCHK - Honours Bachelor of Science with Specialization in Human Kinetics (emphasis on biophysical sciences)**

ANP 1105 – Human Anatomy and Physiology I  
APA 1313 – Musculoskeletal Anatomy  
APA 2114 – Biomechanical Analysis of Human  
Movement  
APA 2120 – Motor Control and Learning  
APA 2121 – Nutrition and Health  
APA 2140 – Introduction to Sport and Exercise  
Psychology  
APA 2180 – Research Methods in Human Kinetics  
APA 2301 – Exercise Physiology I  
APA 2314 – Laboratory Techniques in Exercise  
Physiology and Biomechanics  
APA 3114 – Exercise Physiology II  
APA 3121 – Human Motor Skill Development *optional*  
APA 3122 – Physical Activity and Health  
APA 3124 – Diet and Physical Activity *or designated  
reading material*  
APA 3143 – Physical Activity and Community  
Health  
APA 3301 – Ethics in Sport, Physical Activity and  
Health in Canada *or designated  
reading material*  
APA 3325 – Fitness Training Principles  
APA 3381 – Measurement and Data Analysis in  
Human Kinetics (previously HSS 2381)  
APA 4160 – Fitness Testing and Exercise  
Prescription  
APA 4313 – Exercise and Disease Prevention

#### STUDENTS ADMITTED IN THE PROGRAM IN 2011 AND THEREAFTER

##### **BSCHK - Honours Bachelor of Science with Specialization in Human Kinetics (emphasis on biophysical sciences)**

ANP 1105 – Human Anatomy and Physiology I  
APA 1313 – Musculoskeletal Anatomy  
**APA 2111 – Intervention Theories**  
APA 2114 – Biomechanical Analysis of Human  
Movement  
APA 2120 – Motor Control and Learning  
APA 2121 – Nutrition and Health  
APA 2140 – Introduction to Sport and Exercise  
Psychology  
APA 2180 – Research Methods in Human Kinetics  
APA 2301 – Exercise Physiology I  
APA 2314 – Laboratory Techniques in Exercise  
Physiology and Biomechanics  
APA 3114 – Exercise Physiology II  
**APA 3116 – Principles of Coaching**  
**APA 3121 – Human Motor Skill Development**  
APA 3122 – Physical Activity and Health  
**APA 3124 – Diet and Physical Activity**  
APA 3325 – Fitness Training Principles  
APA 3381 – Measurement and Data Analysis in  
Human Kinetics (previously HSS 2381)  
**APA 4123 – Physical Activity Counselling**  
APA 4160 – Fitness Testing and Exercise  
Prescription  
APA 4313 – Exercise and Disease Prevention



uOttawa

Faculté des sciences de la santé  
Faculty of Health Sciences

École des sciences de l'activité physique

School of Human Kinetics