## NCCP modules offered with the School of Human Kinetics

The NCCP distinguishes between training and certification. The NCCP modules listed in this document are some of a number of training opportunities in the Competition-Introduction and the Competition—Development contexts, of the Competition Stream in the NCCP. To become certified in these and other coaching contexts, you must be evaluated, and you must provide evidence in the evaluation that you meet certain criteria. The learning outcomes of the various courses listed below reflect the evidence and criteria that apply to the various modules of the NCCP that are delivered within the School of Human Kinetic's coaching stream. The modules delivered in our program reflect the theory and multisport aspects of the training. Specific sport training is also required through your sport organization. Certification is only possible when a coach has completed all the training for the specific context and has been successfully evaluated by the specific sport organization. For more information concerning the NCCP, visit www.coach.ca.

- ⇒ Students who successfully complete APA 3116 will be considered "in training" for the six multisport modules of the Competition— Introduction (Comp-Int).
- ⇒ Students who successfully complete APA 3116, APA 3119, APA 4116 and APA 4320 will be considered "in training" for the six multisport modules of the Competition— Development context.

NCCP MODULE	NCCP-CONTEXT	COURSE CODE
Make Ethical Decisions	Competition-Introduction	APA 3116
Planning a practice	Competition–Introduction	APA 3116
Nutrition	Competition–Introduction	APA 3116
Design a basic sport program	Competition-Introduction	APA 3116
Basic mental skills	Competition-Introduction	APA 3116
Teaching and Learning	Competition-Introduction	APA 3116
Prevention and recovery	Competition–Development	APA 3119
Developing athletic abilities	Competition–Development	APA 3119
Psychology of performance	Competition–Development	APA 4116
Coaching and learning effectively	Competition–Development	APA 4320
Managing conflicts	Competition–Development	APA 4320
Doping prevention	Competition–Development	APA 4320



## **Competition stream**

- ⇒ Introduction (Comp—Int) New sport participants are taught basic sport skills and athletic abilities in a fun and safe environment and are typically prepared for local and/or regional level competition.
- Development (Comp-Dev) Developing athletes are coached to refine basic sport skills, to develop more advanced skills and tactics, and are generally prepared for performance at provincial and/or national level competitions.