Master of Human Kinetics (MHK) - Concentration in Intervention & Consultation

The ‘Go-To’ Canadian Program to Prepare Mental Performance Consultants

Counselling  Mental Training & Quality Living  Ethics & Values  Analysis & Enhancement of Interventions

The Professors: Your Dedicated Experts

Martin Camiré, Ph.D.
Life skills, positive youth development, school sport

Diane Culver, Ph.D.
Coach development, social learning

Natalie Durand-Bush, Ph.D.
Self-regulation/mental skills training, well-being, coaching

Michelle Fortier, Ph.D.
Physical activity motivation, mental health/well-being

Bradley Young, Ph.D.
Self-regulation of practice, talent development

Natalie Durand-Bush, Ph.D.
Self-regulation/mental skills training, well-being, coaching

Why choose uOttawa to study intervention & consultation?

- Reputation: Internationally-renowned program
- Expertise: Access to experts in sport, exercise and performance psychology, and coaching
- Experience: 400-hour supervised internship experience

CAREER OPPORTUNITIES:

- Mental performance consultant
- Physical activity counsellor
- Physical educator
- Sport coach
- Owner of private consulting business
- Health promotion officer
- Positive youth development program coordinator

MHK Intervention & Consultation Students in Action

A student practicing her intervention and consultation skills

School of Human Kinetics
Montpetit Hall room 240
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Ottawa, ON, Canada K1N 6N5
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Email: hkesap@uottawa.ca

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